

CRC ORDER OF EVENTS

8:00 A.M.

Coaches Adds and Scratches Meeting/weighing implements

9:00 A.M.

Field Events

Discus..... Girls, followed by Boys
High Jump..... Girls, followed by Boys
Long Jump..... Girls, followed by Boys
Shot Put..... Boys, followed by Girls
Triple Jump..... Boys, followed by Girls
Pole Vault..... Boys, followed by Girls

Prelims will begin
at 12 pm

Morning Session Track Events

3200 Meter Relay Finals

100 Meter High Hurdles (33") Preliminaries

110 Meter High Hurdles (39") Preliminaries

100 Meter Dash Preliminaries

400 Meter Dash Finals

3200 Meter Run Finals

200 Meter Dash Preliminaries

Afternoon Session Track Events

**Running finals will start thirty minutes
after the last prelims of the 200.**

FINALS

100 Meter High Hurdles

110 Meter High Hurdles

100 Meter Dash

800 Meter Dash

300 Meter Low Hurdles (30")

300 Meter Int. Hurdles (36")

200 Meter Dash

1600 Meter Run

400 Meter Relay

1600 Meter Relay