

# WILCOX-HILDRETH FALCON INVITATIONAL TRACK MEET

March 23, 2019

9:00 a.m. SCRATCH AND ADD MEETING - North end of bus barn south of track – enter area using west door.

## 10:00 FIELD EVENTS – First session of field events

Boys –Shot Put, High Jump, Triple Jump

Girls –Discus, Pole Vault, Triple Jump

Second Session of Field Events will follow immediately after 1<sup>st</sup> session.

Boys – Discus, Pole Vault, Long Jump

Girls – Shot Put, High Jump, Long Jump

## 12:30 Running Events

3200 Meter Relay (Girls/Boys)	Finals
100 Meter Hurdles (Girls)	Finals
110 Meter High Hurdles (Boys)	Finals
100 Meter Dash (Girls/Boys)	Finals
400 Meter Dash (Girls/Boys)	Finals
3200 Meter Run (Girls/Boys)	Finals

## 20 Minute break

800 Meter Run (Girls/Boys)	Finals
300 Meter Low Hurdles (Girls)	Finals
300 Meter Intermediate Hurdles (Boys)	Finals
200 Meter Dash (Girls/Boys)	Finals
1600 Meter Run (Girls/Boys)	Finals
400 Meter Relay (Girls/Boys)	Finals
1600 Meter Relay (Girls/Boys)	Finals