

2017 CNTC Schedule

Field Events -8 Qualifiers

3:00

Girls

Shot Put

Long Jump (North Pit)

High Jump

4:00

Triple Jump (North Pit)

Discus

Pole Vault(4:15)

Boys

Discus

Long Jump (South Pit)

Pole Vault

Triple Jump (South Pit)

Shot Put

High Jump

4:30 – Runoffs for Qualifying Spots – High Hurdles, 100, 200, 400, 4 X 100 Relay

5:00 – National Anthem

8 Qualifiers – One Heat – 100, 200, 400, both hurdles , 4 x 100, 4 x 400

12 Qualifiers – One Heat – 800, 1600, 3200 – 4 x 800

5:15 – Medals – Field Events

5:15 – 4 X 800 Meter Relay – Girls

5:45 – 100 Meter High Hurdles – Girls

5:55 – 100 Meter Dash – Girls

6:05 – 1600 Meter Run – Girls

6:25 – 4 X 100 Meter Relay – Girls

6:35 – 400 Meter Dash – Girls

5:30 – 4 X 800 Meter Relay

5:50 – 110 Meter High Hurdles – Boys

6:00 – 100 Meter Dash – Boys

6:15 – 1600 Meter Run – Boys

6:30 – 4 X 100 Meter Relay – Boys

6:40 – 400 Meter Dash – Boys

6:45 Coach / Contributor Awards

Running Event Medals ongoing during the Remainder of Track Meet

7:10 – 300 Meter Low Hurdles – girls

7:20 – 800 Meter Run – Girls

7:30 – 200 Meter Dash – Girls

7:40 – 3200 Meter Run – Girls

8:10 – 4 X 400 Meter Relay – Girls

7:15 300 Meter IM Hurdles – Boys

7:25 – 800 Meter Run – Boys

7:35 – 200 Meter Dash – Boys

7:55 – 3200 Meter Run – Boys

8:15 – 4 X 400 Meter Relay – Boys

8:20 – Outstanding Athlete Award